

Aftercare for Treatment

The first 24 hours are particularly important to ensure a quick and effective healing process. The treated area should be kept dry and clean. Avoid showering or soaking the treated area, as this can delay healing and increase the risk of infection. It is also important to avoid intense exercise and overexertion, as this may increase swelling and pain. Cool the area with ice packs as needed to reduce the risk of blisters, swelling, and discomfort.

To minimize the risk of bacterial exposure, it is recommended to avoid saunas or baths for at least seven days after the treatment. If a scab, blister, or sore develops, it is best to avoid such environments until the skin has completely healed. Keep the treated area away from direct sunlight and cover it with clothing or non-stick dressings until fully healed. If this is not possible, use a high SPF sunscreen (preferably SPF 50) when exposed to the sun, and avoid sun exposure even before your follow-up visit.

Blisters are a normal reaction that may occur in some cases. The absence of blisters does not indicate that the treatment was less effective; the body can react in different ways, and the treatment will still be effective regardless.

It is very important not to touch the blisters, as this may cause them to burst. If a blister does break, the area becomes an open wound, meaning you must be extremely careful to keep it clean to prevent infection. Use non-stick dressings to protect the blisters and change them several times a day to allow the treated area to breathe.

The healing process can take anywhere from 5 to 25 days (or more). Infections are very rare, but they can occur if aftercare instructions are not followed. Signs of a possible infection include a foul odor from the treated area, red streaks, yellow-green discharge from the skin, fever, and pain. If you suspect an infection or have any questions or concerns, do not hesitate to contact us.